

# St. Ignatius of Antioch

March 6, 2016 - Fourth Sunday of Lent

Address: 3351 Contra Loma Boulevard, Antioch CA 94509-5468

Parish Office: (925) 778-0768 ● Fax: (925) 778-0845 ● Faith Formation: (925) 778-1631 ● Rectory: (925) 470-3253

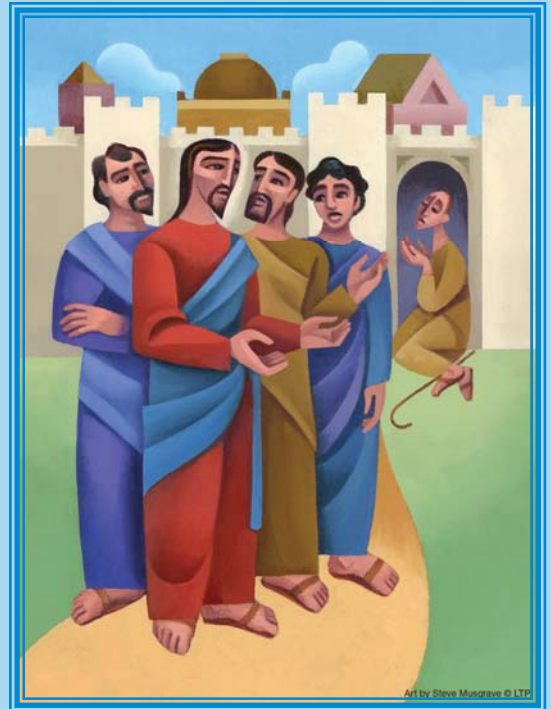
E-mail: [st.ignatius@sbcglobal.net](mailto:st.ignatius@sbcglobal.net) ● Website: [www.stignatiusofantioch.org](http://www.stignatiusofantioch.org)

● facebook: [www.facebook.com/stignatiusofantiochchurch](http://www.facebook.com/stignatiusofantiochchurch)

## Fourth Sunday of Lent

### Light of the World

Almighty and ever-living God,  
you sent your Son, the Light of the World,  
to conquer darkness and save us from sin and death.  
Show us mercy, Lord,  
and heal the blind spots that trap us in darkness  
so that we might live as children of the light.  
May your Holy Spirit be the beacon that guides us to your Son  
and strengthens our resolve  
to be faithful witnesses to his saving power.  
Wake our sleeping hearts  
so that your Church may always confess Jesus as the light that gives  
life.  
And like the man born blind,  
may we worship you all the days of our lives.  
Through Christ our Lord. Amen.



**Fr. Robert K. Rien**  
Parochial Administrator

**Fr. George Griener, S.J.**  
Assisting Clergy

**Deacon Gary Hack**  
Permanent Deacon

**Don Pearson**  
Director of Music, Organist,  
Artist-in-Residence

**Frances Rojek**  
Director of Faith Formation

**Peter Degl'Innocenti**  
Pastoral Associate

**Carolyn Krantz, M.Div.**  
Pastoral Associate

**Maryann Peddicord**  
Pastoral Secretary

**Estrella Rusk**  
Financial Secretary

**Rich Confetti**  
Facilities Manager

**Yvette Young**  
Administrative Asst.

## Eucharist Schedule

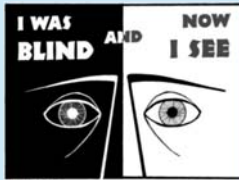
Saturday Vigil: 4 pm  
Sunday: 8 am & 10 am  
Mon., Wed., Fri.: 8 am Holy Eucharist  
Tue., Thur.: 8 am Liturgy of the Word  
and Holy Communion  
**Holy Days:** 8 am & 7:30 pm  
**Reconciliation:** Saturday, 2:45 to 3:30 pm

**Faith Formation Office** (925) 778-1631

**Sacraments: Contact Parish** (925) 778-0768

**Office Hours:** Monday-Friday, 8:30am to 12:30pm

**For Ministries, Activities & Outreaches in Parish;** see  
Parish handbook, available in the Office.



March 6, 2016  
Fourth Sunday  
of Lent

The Lord is my shepherd; I shall not want.  
——Psalm 23:1

Stewardship

Thank you for the gift of your Time, your Talent and your Treasure to St. Ignatius of Antioch Parish.

“For where your treasure is, there your heart will also be.”

Stewardship of Treasure

Our goal for weekly plate collections is \$12,500.00.

Weekend Offering for February 20-21

Weekend Offering.....\$11,055.89

Second Collection

Bishop’s Appeal..... \$14,435.00

New Building Fund

Payments/Donations this week..... \$597.41

New Building Fund Balance..... \$846,097.70

Looking Ahead



**Daylight Savings Time:** Begins Sunday March 13 at 2:00 a.m. This means that the Saturday Vigil Mass “springs forward” to 5:00 p.m. on Saturday, March 19, 2016.

**March 11 & 18:** Lenten Fish Fry. 4:30-7:00 pm in the parish hall. Dine in or drive-thru service available. See page 7 for a discount coupon.



**March 17:** Deanery Communal Penance Service at St. Ignatius of Antioch, 7:30 pm. See page 7 for complete Deanery Reconciliation Schedule.

**March 19:** Annual St. Joseph Feast Day Dinner in the parish hall. Sponsored by our Social Events Committee.



Schedule of Events

Sunday, March 6 - Fourth Sunday of Lent

- 8 am & 10 am Liturgies
- Birthday Blessing - both liturgies
- Second Collection Parking Lot Loan
- New Parishioners Brunch - After 10 am Liturgy - Parish Hall

Monday, March 7

- Eucharist - 8 am
- SPRED Catechist Prep - 5 to 6:30 pm - Parish Hall
- RCIA meets - 7 pm - Office

Tuesday, March 8

- Liturgy of the Word and Holy Communion - 8 am
- Faith Formation - Grades 1-5 - 4:30 to 5:45 pm and 6 to 7:15 pm - Church and Parish Hall
- Pastoral Council Meets - 7:30 to 9 pm - Parish Hall

Wednesday, March 9

- Eucharist - 8 am - Novena following
- Faith Formation - Grades 2,4 and 6-8 - 6:00 to 7:15 pm - Church and Parish Hall

Thursday, March 10

- Liturgy of the Word and Holy Communion - 8 am
- G.I.F.T. - 8:45 to 10:30 am - Parish Hall
- Bible Sharing - 9:30 to 11 am - Church
- Faith Formation-Confirmation I & II - 6 to 7:15 pm - Church & Parish Hall
- Choir Rehearsal - 7:30 to 9 pm - Church

Friday, March 11

- Eucharist – 8 am
- Fish Fry - 4:30 to 7 pm - Parish Hall

Saturday, March 12

- Vigil Liturgy - 4 pm
- Second Collection - Catholic Relief Services

Sunday, March 13 - Fifth Sunday of Lent

- 8 am & 10 am Liturgies
- Second Collection - Catholic Relief Services

**Pray for the Sick**

Remember in your prayers all those who are sick or suffering in any way, especially:

Joshua Baquera      Karen Narberes      Peter Villalpando  
 Rocco Battaglia      Al Perez  
 Archbishop Brunett      Paul Syliangco  
 Pam Gage      Marilyn Syliangco

Members of our Parish Family who are in the Military, hospitals, nursing homes, shut-ins and all those who have no one to pray for them.

**Readings for the Week**

|                  |  |
|------------------|--|
| <b>Monday</b>    | Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54                            |
| <b>Tuesday</b>   | Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16                            |
| <b>Wednesday</b> | Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30                       |
| <b>Thursday</b>  | Ex 32:7-14; Ps 106:19-23; Jn 5:31-47                                     |
| <b>Friday</b>    | Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30                    |
| <b>Saturday</b>  | Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53                               |
| <b>Sunday</b>    | Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45] |

**Lay Ministers—Week of Mar 12th & Mar 13th**

**4 pm: Lectors**– Sofie Zimmerman, Steven Rojek; **Head Cup**– Pam Confetti **Head Host**– Clem Bushman; **Host**–Danielle Herrera, Rhoda Herrera, Bill Barbanica, Fran Barbanica; **Cup**– Mary Ng, Melodye Costanza, Kevin Daley, M.J. Nagtalon, Forrest Towe; **Server**–Padraig Tionson

**8 am: Lectors**–Kathleen Clarke, Peter Degl’Innocenti; **Head Cup**–Vianney Mendoza; **Head Host**–Sue Howell; **Host**–Kathleen Hayakawa, Mary Kendrick, Diane Hack, Rick Howell; **Cup**–Frank Kauer, Monika Kauer, Ruth Beck, Pat Dunleavy, Jenawati Kwa; **Servers**–, Antonio Alvarez, Isaiah Laxamana

**10:00 am: Lectors**– William Necor, Susan Fleming.; **Head Cup**–Amante Asuncion; **Head Host**–Gloria Asuncion; **Host**–Helga Boardman, Angelina Guieb-Alphonso, Samantha Peralto, Lesley Eubanks; **Cup**–Al Necor, Gloria Olvera, Estrella Rusk, Steve Andreatta, Denise Moss; **Servers**– Lorenzo Necor, Alessandra Necor

Fr. Robert Presiding and Preaching

**Mass Intentions for the Week**

|                      |                          |
|----------------------|--------------------------|
| <b>Sat. 4:00 pm</b>  | Joann Russo †            |
| <b>Sun. 8:00 am</b>  | Antoinette Russo †       |
| <b>Sun. 10:00 am</b> | Guarda Billiona †        |
| <b>Mon. 8:00 am</b>  | All Priests & Deacons    |
| <b>Tues. 8:00 am</b> | Our Parish Family        |
| <b>Wed. 8:00 am</b>  | Hanny Reingold           |
| <b>Thur. 8:00 am</b> | Peg Oliver †             |
| <b>Fri. 8:00 am</b>  | All Military Men & Women |

**Rest in Peace**

During the Lenten Season, please pray especially for all souls. May the souls of all the faithful departed through the mercy of God rest in peace. Amen.

**Marriage Preparation Programs**

This Marriage Preparation program fulfills the requirement for Catholic Couples preparing for marriage in Northern California. Sessions fill up so early registration is recommended. These one-day sessions are held at:  
 St. Vincent’s Marinwood  
 1 Saint Vincent Drive  
 San Rafael, CA

- Saturday, April 2; 8:45 am - 5:15 pm
- Saturday, April 16; 8:45 am - 5:15 pm
- Saturday, May 14; 8:45 am - 5:15 pm

Visit [www.sffamilylife.com](http://www.sffamilylife.com) for current session availability or call (415) 699-8348.

**Security Notes - Gate Entry Codes**



The main gate entry codes have been changes. If you need access outside of parish office hours, contact the parish office to check out a remote for the gate.

We are also still looking for volunteers to assist with parking lot security on weekends and during the week. To volunteer, contact the parish office and leave your name and a contact number.

## Silver & Gold March Activities

Silver and Gold is a ministry for our 55+ parishioners. This ministry includes an ongoing number of experiences and activities in 4 areas; educational, physical, theological and social. Here are our March activities.

- Wednesday, March 9 - 10 am: "Stretch and Stroll" at James Donlon Park (Worth Shaw Softball Complex).
- Thursday, March 17 - 10 am: Tour of our adopted parochial school, St Peter Martyr, and perhaps Church of the Good Shepherd.
- Saturday, March 26 - 9 am: "Stretch and Stroll" at Los Medanos College starting at the "Lake."

For more information, call Deacon Gary at 757-1385.

## Bishop's Appeal



Thank you to everyone who made a pledge or one-time gift to the 2016 Bishop's Appeal - Sharing God's Mercy last weekend. All gifts, no matter the amount are appreciated and welcome. Donations are still being accepted and can be dropped in the weekend plate collection. Please use a Bishop's Appeal envelope or place it in a separate envelope marked "Bishop's Appeal."

## Winter Nights Shelter



The Winter Nights Emergency Family Shelter is a project of the Interfaith Council of Contra Costa County. Rotating among many different churches and faith communities, the shelter provides a warm and safe place for families faced with homelessness.

The shelter has an ongoing wish list and are currently looking for gas cards, gift cards (Wal-Mart, Target, Safeway, Payless Shoes Source, Ross or Marshalls), socks, bus and BART cards, packing and duct tape, Clorox or Lysol wipes, twin size fitted sheets, flash lights and bath towels. **If you want to donate any of the above, please drop them off in the parish office and designate them for Winter Nights.**

**Thank you.**

## Worldwide Marriage Encounter

The next Marriage Encounter Weekends is August 5-7. Early registration is recommended. Contact Mike & Jeanne @ 925-672-2016 or Joe & Sue @ 925-680-7767 or go to oaklandwwme.org.

## Mobile Mall News

The next FREE clothing distribution will take place on March 12, 2016 - 10 am at Kimball Elementary School; 1310 August Way in Antioch.

The donation barrel for gently used clothes, towels and sheets is located in the Narthex.

## St. Vincent de Paul

The Society of St. Vincent de Paul is requesting the following food items:



Macaroni & Cheese - 7oz. box  
Canned Peaches - 15 oz can  
Tuna - 5 oz can  
Pork & Beans - 15 oz can

Please bring donations to the weekend liturgies. Thank you.

## Magnificat Ministry for Women



### Calling All Women!

Magnificat Ministry for Catholic Women Invites you to our March Prayer Breakfast

**Saturday March 12, 2015  
9:30 AM -12:30 PM**

Crowne Plaza Hotel, 45 John Glenn Drive, Concord, CA

Please join us in welcoming our speaker, Denise Bossert. Denise is a well-known author and syndicated columnist. She is the daughter of a Protestant minister and will share with us her story of conversion to the Catholic faith!

### Join us for Prayer, Praise, and Inspiration!

Reservations are \$28/ \$35 after March 5<sup>th</sup>.

Please go to [www.magnificatsoti.org](http://www.magnificatsoti.org) for info or reservations  
call (925)788-7762



**Justice Corner****By Carolyn Krantz...Pastoral Associate****To Visit the Sick**

Recently my husband had a spell of serious illness with a two day hospital stay. As medical personnel and family members came in and out of his room, I was aware that most people do not know what a sick person needs. I remember my own stay in the hospital when I had a serious car wreck. The Pastoral Care Worker came in and sermonized me to exasperation. When one's life is threatened and outcomes are unknown, the sick person needs quiet and loving care, not talk. So often those visiting are taking care of their own needs: asking forgiveness for some wrong, trying to cheer someone up because THEY need the person to get well. When life hangs in the balance, the sick person needs time to digest what is happening to them, time to initiate unfinished business, time to make one's self right with God.

I remember a scene from the movie *Terms of Endearment* where the mother was dying of cancer. Her friend came in to make up her face so she "would look good" for her last visit with her children. When the friend left, she wiped off the make-up and said words of encouragement to her two boys. She wanted them to know she was dying and accept it. She did not need the trappings of this world to do that. The friend was in denial that death was imminent.

When my dad was dying, I had the privilege of sitting with him in his hospital room, just being with him. I practiced deep breathing and tried to share the space he was entering, the space between heaven and earth. There in that space, there is only the I AM. There are few words needed, only those that will make the dying person's journey less frightful, less painful.

I had a friend who gives massages to the feet of homeless. When her mother was dying, her mom was hyper-ventilating from fear. The friend said, "Mom, you don't have to breathe that way. Let me breathe with you." Then she taught her mom how to deep breathe from the belly. Her mom became less frightful and less agitated. She died peacefully a few hours later.

Being with a sick person is a great privilege. One can feel heaven come close and the cares of the world disappear. But to be in that space takes quiet and a willingness to accept God's guidance, to accept death as Jesus did. That is not easy, but it is the crux of our lives as Christians. So the next time you visit the sick, try to be with them and not fill the space with unnecessary words. A few questions are appropriate, "Do you need anything or is there anything I can do for you?" When one is in that space, one does not need to hear the latest events or the list of YOUR tasks. One only needs to be present, in the space of this moment, lovingly sending the sick person light and strength. When you visit the sick, try to be a channel of Christ's peace and put your own needs aside. That is real love.

**Parish Perspective****By Peter Degl'Innocenti...Pastoral Associate****Praise the Lord and Pass the Ammunition**

Our dear brothers in the Knights of Columbus have a year round schedule of events designed to help others in our faith community and those in the greater East County community. One of the ways our knights reach out to those in need is by supplying (free of charge) wheelchairs to disabled veterans, the elderly, and anyone who needs a wheelchair either permanently or temporarily. (We have one here at our church for anyone who might need it.)

One of the main ways in which the knights gain access to wheelchairs is by participating in a *Sporting Clays* shooting event. It is hosted by "Shoot for a Cure," an organization staffed by knights who travel around the country raising funds to find cures for cancers, leukemia, muscular dystrophy, other diseases, and in our case, wheelchairs for the disabled.

On Saturday, Feb. 27<sup>th</sup>, four of our brave and stouthearted knights volunteered to represent St. Ignatius of Antioch by attending the early morning shoot at the Quail Point shooting range in Zamora, CA. Those adventurous souls were Marc Douville and his son Sam, Bob Plurkowski, and yours truly. Among the two hundred shooters present, we would tackle 17 stations where each person would attempt to down 6 clay pigeons (two at a time) using only one shot per clay (station 17 releases only 4 clays). Our four-man team started at station 13 and wouldn't you know it, it was at the top of the rise of the steepest hill on the course! Luckily, we were team "B" and had to wait for team "A" to finish shooting first. That gave us time to catch our breaths, lower our heart rates and preview the direction from which the clay pigeons would be flying. Soon the air was tinged with the scent of burnt nitrocellulose (modern gunpowder) and the muted "krup-krup" report of hundreds of shotguns. I flashed upon the movie *The Sound of Music* and wanted to burst into modified song "The hills are alive with the sound of...gunfire!" With my voice it's good I didn't.

The course meandered through the rolling hills of the club for about half to three quarters of a mile. More experienced or well-equipped shooters had little buggies to carry their guns in. These buggies were clearly derived from the 3 wheel type of baby strollers commonly seen today and from 2 wheel carts used to wheel golf bags along a golf course. Those clever shooters!

After each entrant had their turn at 100 clays, the scores ran from a pathetic 3 to an amazing 98! No, I didn't get the 3. My score was 51, not too bad for a newbie. So, if you want action, adventure, and to help others, join the Knights of Columbus. Then you can say with pride, conviction, and truth "Praise the Lord and pass the ammunition!"



# 10th Annual St. Joseph's Day Festival Dinner

Saturday March 19, 2016; 6:30 PM

St. Ignatius of Antioch Parish Hall

\$30.00

50/50 Raffle • Silent Auction • Live Auction

Menu:           Appetizers   Mediterranean Salad  
                  Italian Pasta   Vegetables  
                  St. Joseph's Bread and St. Joseph's Dessert Table

Sponsored by the St. Ignatius of Antioch Social Events Committee



*Ministry, Organization  
and Volunteer  
Opportunities in our  
Parish*

### Ongoing Parish Opportunities

- **Weekly church cleaning:** Volunteers are needed on Saturday mornings to clean, mop and dust the church and parish hall. Contact Steve Rojek at 757-1276 for more information.
- **Parking Lot Security:** Volunteers are needed to assist with parking lot security at weekend liturgies and for funerals and weddings. Contact the parish office with your name and phone number. You will be contacted to set up a training and orientation session.
- **St. Ignatius of Antioch Choir:** We are looking to create a special choir for funerals that will help encourage the visitors and guests present to more fully participate in the liturgy and music. Music is a gift from heaven that can lift people's souls when going through the death of a loved one. Please contact Maryann Peddicord at 778-0768 if you are interested in this new choir ministry.



DIOCESE OF OAKLAND  
**CATHOLIC SCHOOLS**

## Job Fair

Saturday, March 19, 2016 9:30 a.m. - Noon

**Bishop O'Dowd High School**  
9500 Stearns Ave.  
Oakland, CA 94605

**Elementary and Secondary Positions**  
**Teachers and Teaching Assistants**  
**Specialty Teaching Positions (Foreign  
Language, Technology, Music, Math,  
Science)**  
**Extended Care Staff**

**For further information visit the Oakland  
Diocese Catholic Schools website**

[www.csdo.org/employment](http://www.csdo.org/employment)

## LITURGY SCHEDULE FOR LENT, HOLY WEEK & EASTER

### Daily Liturgies

Monday, Wednesday and Friday  
8:00 a.m. Eucharist

Tuesday and Thursday  
8:00 a.m. Liturgy of the Word and Holy Communion

Saturday Vigil  
4:00 p.m. Eucharist

Sunday  
8:00 a.m. Eucharist  
10:00 a.m. Eucharist

### Reconciliation

Saturday 2:45 - 3:30 p.m.

Deanery Communal Reconciliation

Thursday, March 17,  
St. Ignatius of Antioch, 7:30 pm

Wednesday, March 2, St. Anthony, Oakley, 7 pm  
Monday, March 7, Good Shepherd, Pittsburg, 7 pm  
Thursday, March 10, St. Peter Martyr, Pittsburg, 7 pm  
Monday, March 14, Holy Rosary, Antioch, 7 pm  
Tuesday, March 15, St. Anne, Byron, 7 pm  
Monday, March 21, Our Lady, Queen of the World, Bay Point, 7 pm

### Palm Sunday, Holy Week & Easter

March 19 - Saturday Vigil of Palm Sunday of the Passion of the Lord  
5:00 p.m. Eucharist

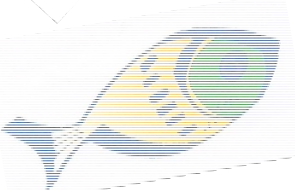
March 20 - Palm Sunday of the Passion of the Lord  
8:00 a.m. and 10:30 a.m. Eucharist

March 24 - Holy Thursday  
8:00 a.m. Sung Morning Prayer  
7:30 p.m. Evening Mass of the Lord's Supper

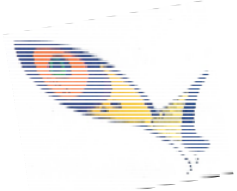
March 25 - Good Friday  
8:00 a.m. Sung Morning Prayer  
3:00 p.m. Solemn Commemoration of the Lord's Passion and Death  
7:30 p.m. Tenebrae & Veneration of the Cross

March 26 - Holy Saturday  
8:00 a.m. Sung Morning Prayer  
7:30 p.m. The Great Vigil of Easter

March 27 - Easter Day - The Feast of the Resurrection of the Lord  
8:00 a.m. and 10:30 a.m. Eucharist



# Fish Fry



## Saint Ignatius of Antioch Coupon for \$1 off per meal

\$14 per meal;  
\$13 with coupon.

Served from  
4:30 - 7:00 pm.

Eat-in at Parish Hall  
or drive-thru.

**Note: One coupon covers  
the whole Family.**

Remaining Friday Dates:  
March 11 & 18

Complete fish  
dinner - includes  
beer battered fish,  
coleslaw  
fries and a drink